

Team	Div	500m H1	250m H1	Heats Total	FINAL (A - D)	500m F	250m F	Final Total
Panaceaa	M	02:09.66	01:03.93	03:13.59	A	02:07.09	01:02.84	03:09.93
Paddle Demons	M	02:07.42	01:02.00	03:09.42	A	02:08.02	01:02.30	03:10.32
MixStream (D - Brian)	M	02:09.53	01:05.06	03:14.59	A	02:11.27	01:04.32	03:15.59
Soldiers of Fitness (S - Bruce)	M	02:09.73	01:05.71	03:15.44	A	02:10.68	01:05.58	03:16.26
HellFish	M	02:14.99	01:05.24	03:20.23	B	02:12.22	01:05.36	03:17.58
That's a Paddlin!	M	02:11.77	01:05.70	03:17.47	B	02:12.00	01:06.60	03:18.60
Something's on Fire	M	02:12.21	01:05.22	03:17.43	B	02:12.58	01:06.37	03:18.95
My Arms Hurt!	M	02:13.47	01:05.03	03:18.50	B	02:14.18	01:06.21	03:20.39
Nauticlew	M	02:16.88	01:07.56	03:24.44	B	02:17.60	01:07.67	03:25.27
Urban Dragons Raw Power	M	02:18.84	01:09.23	03:28.07	C	02:16.21	01:07.07	03:23.28
Draggin' Behinds	M	02:17.77	01:08.08	03:25.85	C	02:16.86	01:07.60	03:24.46
Catch 22	M	02:22.26	01:08.28	03:30.54	C	02:24.63	01:08.79	03:33.42
Mad Paddlers (S - Gilles / D - Sandra)	M	02:24.45	01:09.22	03:33.67	C	02:24.41	01:09.35	03:33.76
OttawaHouseHunters.com (D - Brandon/Sandra)	M	02:19.96	01:09.35	03:29.31	C	02:23.34	01:10.86	03:34.20
Showboat	M	02:23.40	01:12.37	03:35.77	D	02:21.01	01:10.06	03:31.07
Runners on Water	M	02:26.93	01:10.79	03:37.72	D	02:23.39	01:11.10	03:34.49
P'sidens (S - Gilles / D - Sandra)	M	02:26.71	01:11.69	03:38.40	D	02:25.16	01:10.84	03:36.00
RSL THUNDER (S - Nicole / D- Ashley)	M	02:37.52	01:13.02	03:50.54	D	02:30.70	01:11.50	03:42.20
Wakebusters	M	02:34.30	09:59.99	12:34.29	D	02:34.21	01:13.35	03:47.56
Leitrim Lightning (S - Steph / D - Ashley)	M	02:34.57	01:14.12	03:48.69	D	02:33.78	01:13.84	03:47.62
Ottawa Premier Women - Galley Girls (S - Ashley)	W	02:04.51	01:00.60	03:05.11	A	02:01.04	00:59.92	03:00.96
22Dragons-Premier women elite	W	02:06.16	01:02.40	03:08.56	A	02:02.61	01:01.07	03:03.68
Sportchicks Yellow	W	02:07.16	01:03.23	03:10.39	A	02:06.76	01:03.58	03:10.34
Montreal Senior Women	W	02:10.77	01:02.74	03:13.51	A	02:08.88	01:02.67	03:11.55
Sportchicks White	W	02:15.01	01:07.85	03:22.86	A	02:16.95	01:07.44	03:24.39
Lipstick Dragons (S - Brandon)	W	02:17.75	01:08.00	03:25.75	A	02:17.42	01:07.94	03:25.36
Art Bank Broad Strokes	W	02:19.95	01:09.74	03:29.69	B	02:17.37	01:07.61	03:24.98
Her Arms Hurt!	W	02:20.97	01:08.93	03:29.90	B	02:18.50	01:08.11	03:26.61
Psirens (S - Alex / D - Brandon)	W	02:23.00	01:10.37	03:33.37	B	02:22.79	01:09.22	03:32.01
Dirty Oars	W	02:26.19	01:10.48	03:36.67	B	02:25.88	01:10.37	03:36.25
Soldiers of Fitness(W) (S - Steph)	W	02:25.44	01:11.96	03:37.40	B	02:26.74	01:11.79	03:38.53
Water Nymphs Dragon Boat Crew	W	02:27.22	01:10.68	03:37.90	B	02:27.00	01:11.54	03:38.54
Swamp Lilies	W	02:29.25	01:12.38	03:41.63	C	02:27.41	01:10.63	03:38.04
Blades of Glory (S - Brian)	W	02:28.12	01:12.69	03:40.81	C	02:28.64	01:12.06	03:40.70
Krakalackin'	W	02:32.46	01:15.38	03:47.84	C	02:30.01	01:13.86	03:43.87
Something on Fire (W)	W	02:29.52	01:12.15	03:41.67	C	02:30.29	01:14.10	03:44.39
180 Fitness	W	02:41.72	01:18.66	04:00.38	C	02:41.83	01:17.57	03:59.40
People in a Boat (S - Sandra / D - Nicole)	W	02:46.07	01:14.06	04:00.13	C	02:48.74	01:20.64	04:09.38