Team	Div	500m H1	200m H1	Heats Total	FINAL (A - D)	500m F	200m F	Final Total
Parma Ravioi's Paddle Demons	Mixed	02:06.65	00:49.68	02:56.33	A	02:05.13	00:49.27	**02:54.40**
Cascades Remixed	Mixed	02:07.70	00:50.90	02:58.60	A	02:05.46	00:50.17	**02:55.63**
Soldiers of Fitness - (S)	Mixed	02:07.42	00:50.80	02:58.22	A	02:05.89	00:50.72	**02:56.61**
Panaceaa	Mixed	02:11.32	00:50.93	03:02.25	A	02:07.17	00:50.17	**02:57.34**
Something's on fire	Mixed	02:10.95	00:51.38	03:02.33	A	02:06.39	00:51.48	**02:57.87**
RBC COMETS	Mixed	02:12.91	00:51.15	03:04.06	A	02:09.04	00:52.13	**03:01.17**
Nauticlew	Mixed	02:16.03	00:52.34	03:08.37	B	02:13.15	00:52.43	**03:05.58**
That's a Paddlin'!	Mixed	02:12.91	00:52.65	03:05.56	B	02:13.43	00:52.65	**03:06.08**
MixStream	Mixed	02:14.75	00:53.10	03:07.85	B	02:14.18	00:52.43	**03:06.61**
The League of Extraordinary Paddlers	Mixed	02:18.73	00:54.62	03:13.35	B	02:15.48	00:53.35	**03:08.83**
Beerded Dragons	Mixed	02:23.33	00:53.02	03:16.35	B	02:16.07	00:54.02	**03:10.09**
Ottawa Phoenix	Mixed	02:19.92	00:53.51	03:13.43	B	02:16.35	00:54.41	**03:10.76**
Mad Paddlers - (S/D)	Mixed	02:22.65	00:54.11	03:16.76	C	02:20.35	00:54.39	**03:14.74**
Chinatown Showboat	Mixed	02:21.91	00:55.21	03:17.12	C	02:20.14	00:55.02	**03:15.16**
Draggin' Behinds	Mixed	02:21.25	00:55.31	03:16.56	C	02:19.83	00:55.46	**03:15.29**
HellFish	Mixed	02:26.58	00:52.43	03:19.01	C	02:20.64	00:55.22	**03:15.86**
Totally Rec'd	Mixed	02:21.68	00:56.21	03:17.89	C	02:20.63	00:55.82	**03:16.45**
Catch 22	Mixed	02:25.03	00:53.55	03:18.58	C	02:20.64	00:55.82	**03:16.46**
ORCC Dukes & Dames	Mixed	02:22.83	00:56.91	03:19.74	D	02:21.09	00:55.22	**03:16.31**
STROKE IT!	Mixed	02:32.18	00:58.67	03:30.85	D	02:21.99	00:54.99	**03:16.98**
Runners on Water	Mixed	02:22.78	00:56.47	03:19.25	D	02:21.49	00:55.69	**03:17.18**
P'sidens - (D)	Mixed	02:29.02	00:52.74	03:21.76	D	02:23.87	00:55.44	**03:19.31**
Belleville Dragon Force	Mixed	02:25.60	00:57.43	03:23.03	D	02:25.60	00:58.45	**03:24.05**
OACCUA Dragon Worriors	Mixed	02:40.69	00:53.02	03:33.71	D	02:31.67	00:58.24	**03:29.91**
Sportchicks (W)	Womens	02:11.74	00:51.15	03:02.89	A	02:08.80	00:51.43	**03:00.23**
Cascades Women (W)	Womens	02:15.58	00:53.77	03:09.35	A	02:13.08	00:52.79	**03:05.87**
Psirens (W)	Womens	02:19.97	00:56.39	03:16.36	A	02:17.72	00:55.79	**03:13.51**
Art Bank Broad Strokes (W)	Womens	02:22.31	00:55.62	03:17.93	A	02:18.12	00:56.13	**03:14.25**
Her Arms Hurt (W)	Womens	02:21.50	00:55.89	03:17.39	A	02:20.96	00:56.63	**03:17.59**
Blades of Glory (W)	Womens	02:20.92	00:56.85	03:17.77	A	02:22.97	00:58.38	**03:21.35**
Water Nymphs (W) - (D)	Womens	02:25.70	00:57.59	03:23.29	B	02:22.41	00:57.57	**03:19.98**
Swamplilies (W)	Womens	02:25.97	00:54.11	03:20.08	B	02:23.20	00:58.46	**03:21.66**
Something on fire (W)	Womens	02:25.45	00:56.95	03:22.40	B	02:23.59	00:58.23	**03:21.82**
Tiger Lillies (W)	Womens	02:30.23	00:58.03	03:28.26	B	02:24.05	00:58.78	**03:22.83**
Dirty Oars (W)	Womens	02:31.88	00:56.88	03:28.76	B	02:25.54	00:57.95	**03:23.49**
Kaminak (W)	Womens	02:32.23	00:58.06	03:30.29	B	02:28.46	00:59.59	**03:28.05**
Krakens (W)	Womens	02:37.72	01:01.61	03:39.33	C	02:37.47	01:03.79	**03:41.26**
People in a Boat (W) - (S/D)	Womens	02:43.92	01:04.72	03:48.64	C	02:40.20	01:02.18	**03:42.38**
Prior Chest Nuts (W) - (S/D)	Womens	02:48.65	01:07.91	03:56.56	C	02:48.86	01:06.79	**03:55.65**
Fabulous Dragonettes (W)	Womens	02:52.01	01:03.78	03:55.79	C	02:48.83	01:07.01	**03:55.84**
Showgirls (W)	Womens	02:53.66	01:08.26	04:01.92	C	02:59.09	01:10.56	**04:09.65**